
Accessing the EAS for Teaches & SNAs

Free Phone: 1800 411 057

SMS & WhatsApp: Text 'Hi' to 087 369 0010

Email: eap@spectrum.life

Register for your wellbeing app

Register Link:

<https://wellbeingtogether.spectrum.life/login>

Organisation code: yIVIIU17

Accessing the EAS for All Remaining Staff

Free Phone: 1800 814 243

SMS & WhatsApp: Text 'Hi' to 087 369 0010

Email: eap@spectrum.life

Register for your wellbeing app

Register Link:

<https://app.spectrum.life/login>

Organisation code:

spectrum
.life 

Employee Assistance Service

24/7 Mental Wellbeing
Support Programme

Our EAS is available
24 hours a day, 365 days a year

100% CONFIDENTIAL